



MyKETO® COMBI PROTEIN SHAKE VANILLA

Product specification

Type	High protein shake with multienzyme complex (powdered)
Recommended	For adults, teens and young athletes
Country of origin	Czech Republic
Ingredients	Whey protein (from milk), pea protein, collagen, MCT oil (100% coconut), thickener: xanthan; taurine, natural vanilla flavouring, flavouring, multienzyme complex (maltodextrin, protease, alpha-amylase, lactase, lipase, cellulase), sweetener: sucralose; cholecalciferol.
Instruction for use	Pour 200 ml of cold water into a blender or shaker, add 2 measuring cups of powder (1 cup approx. 15 g) and shake well.

Packaging

Packaging	600 g (20 portions)
	Plastic dose. Measuring cup is included.

Shelf life & Storage

Shelf-life	18 months
Storage conditions	Store in a dry place (up to 60% relat. humidity) and at a temperature up to 25 °C.

CHARACTERISTICS

- + Multifunction shake with high protein (75%), multienzyme complex (alpha-amylase, lactase, cellulase, protease, lipase), MCT oil, vitamin D and collagen type II
- + Protein contributes to a growth and the maintenance of muscle mass and also to the maintenance of normal bones
- + Suitable for weight loss, intensive physical or sport activities
- + The protein source provides a combination of whey and pea protein
- + Gluten free
- + Suitable for diabetics
- + No added sugars
- +

BENEFITS

- + Patented composition of protein complex, MCT oils, and immunity vitamin D3.
- + Combination of collagen and MCT oils help faster absorption of proteins.
- + Combi protein contains high amount of branched-chain amino acids (BCAA), which helps faster muscle recovery, decreases muscle soreness after workout, reduce after workout fatigue and prevents muscle breakdown after workout. Increase muscle grow.
- + BCAAs are absorbed within few minutes through the stomach-wall, they are not metabolized by liver, this can be beneficial for individuals with liver disease.
- + Multi-enzyme complex helps protein, carbohydrates and fats breakdown, prevents bloating.

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