



CHARACTERISTICS

- + Recovery protein for muscle and entire musculoskeletal system regeneration
- + Suitable for intensive physical or sport activities
- + Contains MCT oil, vitamin D and Collagen type II
- + Gluten free
- + Suitable for diabetics
- + High protein
- + Source of vitamin B1, B2, B6, B12, D3, E, C, niacin, folic acid, biotin, pantothenic acid
- + No added sugars

MyKETO® RECOVERY PROTEIN STRAWBERRY-VANILLA

Product specification

Type	Recovery high protein shake with MCT oil and vitamins (powdered)
Recommended	For adults, teens and young athletes
Country of origin	Czech Republic
Ingredients	Whey, whey protein (from milk), collagen, pea protein, maltodextrin, inulin, MCT oil (100% coconut), taurine, thickener: xanthan; dried beet, Planox L (Lippia citriodora extract), strawberry powder; natural vanilla flavouring, flavourings, acidity regulator: citric acid; vitamin premix (maltodextrin, L-ascorbic acid, nicotinamide, DL -alpha- tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, folic acid, D-biotin, cyanocobalamin), cholecalciferol, multienzyme complex (maltodextrin, protease, alpha-amylase, lactase, lipase, cellulase), sweetener: sucralose.
Instruction for use	Pour 180 ml of cold water into a blender or shaker, add 2 measuring cups of powder (1 cup approx. 15 g) and mix well.

Packaging

Packaging	600 g (20 portions)
	Plastic dose with printed paper label.
	Measuring cup is included.

Shelf life & Storage

Shelf-life	18 months
Storage conditions	Store in a dry place (up to 60% relat. humidity) and at a temperature up to 25 °C.

BENEFITS

- + New generation of protein supplementation. Recovery protein contains combination of protein complex with high content of BCAAs, MCT oils, vitamin D for strength immune system, Planox -L (Lippia citriodora extract) and multi-enzyme complex.
- + Ideal protein drink before/after workout, BCAAs help faster muscle recovery, decrease muscle soreness after workout, reduce after workout fatigue and prevent muscle breakdown after workout. Increase muscle grow. MCT oils are fast source of energy, Planox-L is an antioxidant with strength anti-inflammatory effect. Multi-enzyme complex helps protein, carbohydrates and fats breakdown, prevents bloating.

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