

## **CHARACTERISTICS**

- + Vegan protein with chia seeds
- + Complex of plant proteins with chia seeds, which contains high amount essential amino acids
- + No added sugars
- + Easy to digest
- + Gluten free
- + Lactose free
- + Suitable for diabetics

## MyKETO® VEGEPURE PROTEIN MANGO-ORANGE WITH CHIA SEEDS

Product specification				
Туре	Vegan high protein shake (powdered)			
Recommended	For adults, teens and young athletes			
Country of origin	Czech Republic			
Ingredients	<b>Soy</b> protein, pea protein, chia seeds (Salvia hispanica), thickener: xanthan; flavouring, natural orange flavouring, sweetener: sucralose, steviol glycosides			
Instruction for use	Pour 300 ml of cold water into a blender or shaker, add 2 measuring cups of powder (1 cup approx. 15 g) and shake well.			

Packaging		Shelf life & Storage	
Packaging	600 g (20 portions)	Shelf-life	18 months
	Plastic dose with printed paper label.	Storage conditions	Store in a dry place (up to 60% relat. humidity) and at
	Measuring cup is included.		a temperature up to 25 °C.

## BENEFITS

- + Contains only plant-based protein complex with high content of essential and non-essential amino acids.
- + High content of branched-chain amino acids (BCAA), helps faster muscle recovery, decreases muscle soreness after workout, reduce after workout fatigue and prevents muscle breakdown after workout. Increase muscle grow.
- + BCAAs are absorbed within few minutes through the stomach-wall, they are not metabolized by liver, this can be beneficial for individuals with liver disease.



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