

MyKETO®

PROTEIN OMELETTES AND PANCAKES



CHARACTERISTICS

- + High in protein, low in sugar, high in fibre
- + Different flavours
- + Meal replacement contributes to weight loss
- + Meal replacement contributes to the maintenance of weight after weight loss
- + 25% recomanded daily intake of all vitamins and minerals in one portion
- + Contains vitamin D, Selenium and Zinc
- + Easy to prepare, just add water
- + Suitable for diabetics
- + Can be developed as a lactose free, gluten free or soya product.

Product specification

Category	Total diet or meal replacement for weight control
Recommended	For adult, teenagers
Country of origin	Czech Republic
Ingredients	Based on request for flavour and preferences. Strawberry pancake: Ingredients: corn starch, egg white, whey protein concentrate, milk powder, maltodextrin, vegetable oils (sunflower, rapeseed), potassium chloride, calcium phosphate, acidity regulator: citric acid; thickener: xanthan; flavourings, strawberry powder, vitamin premix (maltodextrin, L-ascorbic acid, nicotinamide, DL- α -tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, folic acid, D-biotin, cyanocobalamin), cholecalciferol, retinyl-palmitate, magnesium oxide, ferrous lactate, zinc lactate, manganese sulphate, copper sulphate, chromium picolinate, sodium selenite, sodium iodide, sweetener: sucralose; antioxidant: rosemary extract.

Instruction for use Pour in a suitable container 110-130 ml of cold water, pour the contents of the sachet and beat well (preferably with a hand mixer), prepare a smooth, thinner dough and let stand for about 3 minutes. In a preheated Teflon pan with a small amount of quality oil, fry well on both sides for about 1-2 minutes.

Packaging

Packaging	Sachet 1 serving (40 g) Box 5 servings (5x 40 g)
	Printed paper box with unprinted PET/PET metal/PE sachets

Shelf life & Storage

Shelf life	12 months
Storage conditions	Store in dry place (up to 60% relat. humidity) and at a temperature up to 25 °C.

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