

# MyKETO®

## PROTEIN MAIN DISHES



### CHARACTERISTICS

- + High in protein-, high in fibre
- + Different flavours
- + Meal replacement contributes to weight loss
- + Meal replacement contributes to the maintenance of weight after weight loss
- + 25% recomanded daily intake of all vitamins and minerals in one portion
- + Contains vitamin D, Selenium and Zinc
- + Easy to prepare, just add water
- + Suitable for diabetics
- + Can be developed as a lactose free, gluten free or soya product.

### Product specification

|                          |   |
|--------------------------|---|
| <b>Category</b>          | Total diet or meal replacement for weight control   |
| <b>Recommended</b>       | For adults, teenagers   |
| <b>Country of origin</b> | Czech Republic  |
| <b>Ingredients</b>       | Based on request for flavour and preferences.<br><b>Pasta Bolognese:</b> Ingredients: <b>soy</b> protein isolate, instant eggless noodles ( <b>wheat</b> flour, vegetable fat, table salt, sugar, acidity regulators: sodium carbonate, potassium carbonate, thickener: guar gum), soy granules, tomato powder, <b>soy</b> flour, rice protein, inulin, potassium chloride, vegetable oils (sunflower, rapeseed), thickener: xanthan; dried beets, dried parsley, dried carrots, parsnips dried, dried onions, dried garlic, sodium chloride, antioxidant: rapeseed lecithin; acidity regulator: citric acid, spices, vitamin premix (maltodextrin, L-ascorbic acid, nicotinamide, DL- $\alpha$ -tocopheryl acetate, calcium D-pantothenate, riboflavin, pyridoxine hydrochloride, thiamine mononitrate, folic acid, D-biotin, cyanocobalamin), cholecalciferol, calcium phosphate, magnesium oxide, zinc lactate, manganese sulphate, copper sulphate, chromium picolinate, sodium iodide, sodium selenite, antioxidant: rosemary extract. |

**Instruction for use** Pour the content of the sachet into a bowl, pour 140-160 ml of boiling water and mix well. Let swell for 4-5 minutes until the temperature of the soup is suitable for consumption.

|           | Packaging   | Shelf life & Storage   |
|-----------|---|--|
| Packaging | <b>Sachet</b> 1 serving (40-55 g)<br>Metal/PE sachets | Shelf life 12 months<br>Storage Store in dry place (up to 60% relat. humidity) and at a temperature up to 25 °C. |

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